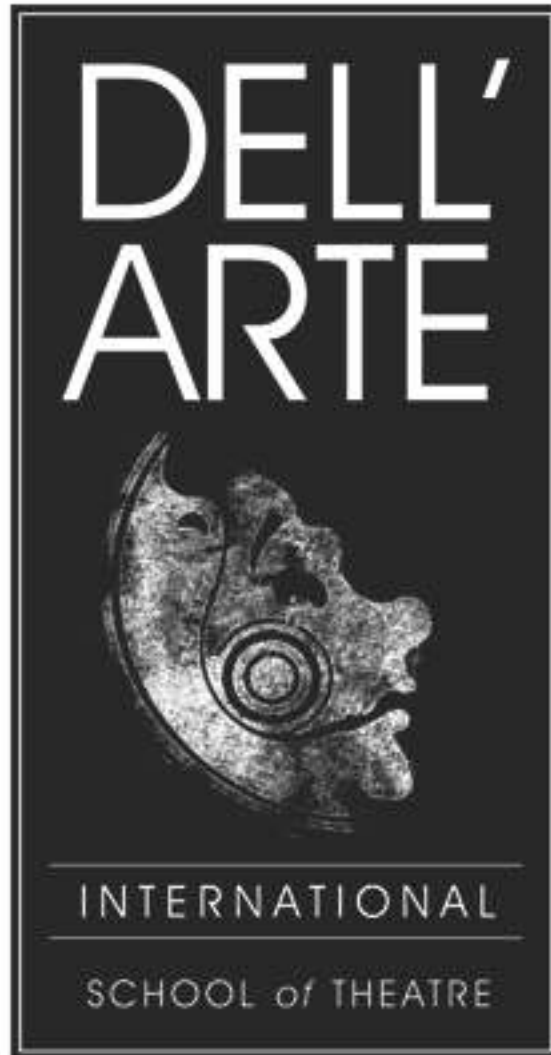


**Dell'Arte International
School of Physical Theatre
Summer Intensive
Student Handbook and Resource Guide
2017**



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Quick Contact Reference

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I. WHO WE ARE

Dell'Arte International School of Physical Theatre is a full-time professional actor-training program in physical theatre set in the breathtaking landscape of Northern California.

Our programs offer a unique and rigorous curriculum for training actors, devisers, and theater makers; an extraordinary faculty of working artists; and a professional company in residence. The full-time Professional Training Program and MFA in Ensemble-Based Physical Theatre were the first of their kind in North America.

The Dell'Arte International School of Physical Theatre approach to training is investigative, experiential, and continuously challenges the student to play with ferocity and conviction. The role of the School is to be a provocateur (pro-voce: for the voice), to assist the student in finding their own voice for the theatre. The work of the student is based on a triad of observation, skill, and imagination. Physical training is based on the investigations of the body and its capabilities—strength, flexibility and balance—the pursuit of body knowledge or physical thought, and movement in space as the fundamental basis for theatre.

Characterization must begin at home, in the body. Some of us are not at home in our bodies. We must discover what that means. Therefore the main emphasis of my work is physical self-discovery. “

Carlo Mazzone-Clementi, founder

Dell'Arte is a member of the Association for Theatre in Higher Education (ATHE), Theatre Bay Area (TBA), the Network of Ensemble Theaters (NET), Theatre Communications Group (TCG), National Association of Schools of Theatre (NAST), and the Council on Higher Education Accreditation (CHEA). Dell'Arte International was awarded the 2005 Prize of Hope by the Danish Popular Theatre Institute, a 2005 Otto Award by the Castillo Theatre, New York City, and the 2005 National Theatre Conference Award for Achievement. Dell'Arte has awarded the North American Prize of Hope to actor and activist Tim Robbins and the Actors Gang Theatre in 2008, and Cornerstone Theater in 2015. Dell'Arte was a 2014 recipient of a New California Arts Fund grant through the James Irvine Foundation; in 2015 participated in a creative exchange with the Wiyot Tribe with support from the California Arts Council; and has an ongoing Arts-In-Correction program at Pelican Bay also supported by the California Arts Council.

Dell'Arte Mission and Vision Statements

OUR IDENTITY

Dell'Arte International is the North American center for theatre training, research and performance of the actor-creator. We are a committed community of artists who model and share in a sustained ensemble practice.

OUR MISSION

International in scope, grounded in the natural living world, inspired by our non-urban setting, Dell'Arte International explores theatre making, theatre practice and theatre training for ourselves, the world and the future.

OUR VISION

Dell'Arte International seeks to create resonant works of theatre that are visceral, athletic, and engage the mystery underlying all experience. We revel in ferocious play.

OUR VALUES

WE BELIEVE IN:

- *Reflecting the cultural, ethnic, social and historic diversity of our community as well as expanding it.*
- *Exploring the relationship between art and place, artist and community.*
- *Teaching by our example as well as our pedagogy.*
- *The power of the arts to enrich the education and lives of young people.*
- *The power of theatre to transform artists and audiences.*
- *The ability of the actor-creator to make art that reflects the complexity of living, art that is both specific and universal.*
- *Ensemble and collaborative practices that place the artist at the center of the work and the organization.*
- *The importance of independent cultural production to our society's health.*
- *The value of our work to the field as a laboratory for exploration and development.*
- *The importance of play.*
- *The seriousness of comedy.*

Programs of Dell'Arte International

Dell'Arte International School of Physical Theatre – a professional actor training program attracting students from all over the world to study in a full time, one-year Professional Training Program, summer workshops, a one-month study abroad in Bali, Indonesia, and a three-year MFA program in Ensemble Based Physical Theatre.

The Dell'Arte Company – This on-going ensemble of artists has created over 35 award-winning, original works of theatre since 1977. The company has toured extensively in the United States and to international festivals.

The Dell'Arte Mad River Festival – This month-long summer event is the largest performance event in our community. Its indoor and outdoor events draw over 5,000 people locally and along the north coast.

Training at Dell'Arte International

The mission of the training at Dell'Arte International School of Physical Theatre is: to serve, train, and provoke the next generation of theatre makers; to assert that profound possibilities come into view only when confronted by the impossible; to confirm that all things change and that movement is the basis for life.

As with written poetry, the attempt in a dynamic theatre is not to depict the world or to capture it, but rather, in the most essential way, to represent one's perspective of the world. This is first a matter of observation, and empathic identification with the truth of what is: forces of the natural world, nature – animal, mineral, vegetable, as well as the appetites of the human body and the longings of the human spirit. What is truth in the world in which we live? We propose that it is

neither philosophical dictum nor empirical fact and is not to be found in the eccentricity of artistic expression but in the evocation of poetic reality. Truth – verity, authenticity, actuality, is recognized when one engages the body to act. It is then a matter of building up the technical prowess, the facility that will allow for such an identification to be communicated to others, transmitted in such a way as to reconfigure their perception of the universe. This is the work of the dramatic imagination, the curious mind, the articulate, athletic, poetic body, and the collaborative ensemble. This is the work of the training at Dell'Arte.

III. GENERAL INFORMATION

About Our Location

Dell'Arte is in Blue Lake, California, a very small town of 1,300 on the banks of the Mad River. Founded by French Pioneer, Clement Chartin, Blue Lake was incorporated as a city in 1910. Originally Blue Lake was a resort community with people visiting from Arcata and Eureka on the foggy coast for a day of sun and boating on the lake. The Chartin Hotel was located on the shores of the lake. The lake was short lived and never more than a large pond, created by a record flood in the early 1800's. Construction of the Mad River levee in the early 1900's doomed the lake to it's current low profile, hidden by willows and rushes, as it is fed only by two small streams, one of which runs behind Dell'Arte. The winter rains bring a smaller version of the lake back on occasion to the great enjoyment of migrating waterfowl.

Blue Lake has a remarkable history that traces the rise and fall of the timber industry. The town was a staging area for pack trains into the Trinity Alps during the Gold Rush. Later it burgeoned as a mill town, then withered as the local timber was used up, and the thirteen mills in the valley closed down in the 50's and 60's. Blue Lake remains a tight knit community with multi-generational families and a pride in civic engagement. All three of the civic buildings, the City Hall, Fire Station and Prash Hall were built by community volunteers. Dell'Arte came to town in 1974, attracted by the vacant Odd Fellows Hall, which we purchased and renovated.

The Blue Lake Fire Station is located in the center of town and operated by a volunteer fire department. There is a beautiful vintage fire truck displayed in the front window of the station. Every once in a while, you may hear a siren. This is not reason to be alarmed! (Pun intended.) The siren is a call to our volunteer fire fighters.

Situated in rural, northern California near the Pacific Ocean, in the heart of redwood country, this intimate community offers the opportunity to work in a natural setting, free from urban distractions. The extraordinary beauty and abundant nature of the surrounding area are a source of inspiration to students, who are only minutes from walks along the river, forest hikes, and some of the world's most stunning beaches.

Blue Lake has few services. There are two restaurants, a gas station, a laundromat, a casino, a brewery, and a small industrial park, but no market. We recommend that students bring cars if they have the option. Seven miles southwest of Blue Lake, on the north end of Humboldt Bay, is the college town of Arcata (pop 16,000); home of Humboldt State University. It is a healthy, vibrant, liberal town with grocery stores, restaurants, shopping, movie theatres, hospitals, banks, a great farmers market, etc. Ten miles south of Arcata is Eureka, the county seat. It has a population of about 24,000 and a mall. McKinleyville is another mid sized town about eight miles north of Blue Lake. Arcata, Eureka and McKinleyville offer a full range of services and students carpool into these towns regularly.

Description of Facilities

Dell'Arte International School of Physical Theatre operates in two locations in Blue Lake, California. The Main Building of the School is housed in a former Odd Fellows Hall owned by Dell'Arte at 131 H Street. This two story, old growth redwood building was built in 1912 after a 1910 fire devastated downtown Blue Lake. Purchased by Dell'Arte in 1974, the building retains its historic exterior and the two large, light-filled upstairs

studios serve as classrooms. A 1995 to 1998 series of renovations has created a 120-seat modern theatre downstairs, meeting rooms, studio, concession and box office areas and guest artist housing. The building also holds offices, dressing rooms, costume and prop storage, student lounge, library and bathrooms. A 400-seat outdoor amphitheatre abuts the rear of the building.

Additional training takes place at our River Campus, located two blocks away from the main building, at 113 Taylor Way. The River Campus includes two large studio spaces, a sprung floor for acrobatics classes, a mask fabrication studio, student lounge, prop storage and costume storage, as well as a faculty office and conference room.

This institution, the facilities it occupies, and the equipment it utilizes, fully complies with federal, state, and local ordinances and regulations, including requirements for fire safety, building safety, and health.

Dell'Arte International School of Physical Theatre shares the facilities with the Dell'Arte Company, the Mad River Festival, The Youth Academy, and the administrative offices of Dell'Arte.

Building Hours and Security

- Students may use the studios, student lounge, and kitchen from 8:00am to 11:00pm. Other hours require instructor approval.
- Studios should be shared during rehearsals.
- In general, all DAI Intensive classes and rehearsals will be held at River Campus.
- Off-limits to students unless granted permission: The Carlo Theatre, Main building office and staff lounge, and the mask studio and faculty hallway spaces at River Campus.
- No personal belongings are to be stored in the building outside of assigned personal cubbies.
- All access doors must be closed and locked at all times.
- Doors to the main building must be closed and locked after 5pm or when the office is not staffed.
- Student access to the building during non-class hours is by a key in a lockbox with a changeable combination. Students receive this combination upon signing a Release from Liability Form (See Appendix.)
- We ask that Dell'Arte students do not park in front of the Post Office, Integral Ecology Research Center/Blue Envy Salon, or Chumayo Spa; and that they park away from the Dell'Arte Main Building on performance nights.

Respect for the Studios and Theatre

The studios and Carlo theatre are places of work and focus. This is true even in the most raucous, fun and high energy of classes and rehearsals. To help students make the most of their time, we ask:

- Between and immediately before and after classes to keep conversation to an absolute minimum.
- Conversation that does not relate to the work at hand is to be done outside of the studios; in the café, the hallway, outside.

- To protect the floors, no street shoes are allowed in the studios, and no open containers of liquid. Closed containers, water bottles, etc. are okay.
- No food is allowed in the studios. Food and drink is allowed in the theatre, but can only be consumed during designated breaks. Food is allowed in the kitchens and student lounges. The backyard at Dell'Arte and the kiosk outside in the parking lot at River Campus are open for eating lunch and other activities.
- Students, faculty and staff are responsible for maintaining clean and clutter-free studios.
- Candles and hotplates are not allowed in any buildings.
- Promptly report any breakage, accident, injury, lack of supplies, hazardous condition or other circumstance that needs attention to the office.
- The garbage container must be used for organic waste. Our buildings are prone to ants and other pests.
- All personal belongings must be returned to personal cubbies after each class.
- Classrooms should be left clean and orderly after every use.
- Dell'Arte studio equipment should not be removed from the studios.
- No Dell'Arte property may leave the premises without prior staff/instructor approval.
- No dogs or cats are allowed in the buildings or on the grounds without approval.
- **NO SMOKING** is allowed inside the building or within 20 feet of any entrance to a public facility in Blue Lake. If smoking outside of the building, cigarette butts should be thrown in the garbage and not on the ground.

Conservation

Dell'Arte tries to practice as much conservation of resources as possible, both to cut down on the consumption of our natural resources and to keep expenses down. We encourage students, faculty, and staff to practice the conservation of resources by recycling, keeping photocopies to a minimum, keeping the heat at 68 degrees, turning out the lights upon leaving the office or studios, etc.

Costumes, Props, Masks, and Other Equipment

Equipment such as costumes, props, tools, and masks are not for student use without administrative permission and instruction in correct use.

Sound equipment in classrooms may be used at all times (with sensitivity to time of day and volume). It should not be removed from the studios at any time.

Students may not use edged weapons or firearms capable of firing a charge. Students must receive approval from the Production Manager before using a live flame (lit candle, etc.) in the Dell'Arte facilities.

Library

The Dell'Arte library is closed during the summer for cleaning and renovation.

Computer Labs

There are computers in the Student Lounge for student use. Computers may not be used during class breaks, except at lunch hour. Students should not download any files onto these computers, but instead use personal flash drives. Dell'Arte has a wireless Internet connection. Students can obtain the username and password from the School Administrator. Printing is available through

the office for 10 cents per page. Students must adhere to the Dell'Arte copyright policy when using our computers.

Photocopy and Fax Machines

There is a printer/photocopier and fax machine in the Dell'Arte office available for student use for 10 cents per page.

Mail

In Blue Lake, mail is delivered only to the Post Office. Students may use the following address to receive their personal mail: c/o Dell'Arte School, P.O. Box 128, Blue Lake CA 95525. Monday–Friday, mail will be collected and put into the student mailbox in the office.

Lost and Found

There are “lost and found” boxes in both Dell'Arte buildings. After a month, items are donated to the local Thrift Store. See the office for more information.

Appropriate Attire

Studio clothes should be simple in line and color and should be reasonably form fitting. Students should not wear logo t-shirts, stripes or prints. Bare chests will not be permitted. Bare feet or training shoes are the only approved footwear. Students should not wear perfumes or scents to class. Jewelry, including all piercings should be removed. Daily body cleaning and clean workout clothes are a must, as are undergarments. Hairstyling should be simple and securely kept out of the eyes and off the face.

Blue Lake daytime weather in summer can be clear, sunny and warm or it can be foggy, misty and chilly. The foggy, misty, chilly part is especially so at night! Be sure you pack a jacket and a scarf, and plan on wearing layers; there will be one or more nature days as part of the course--bring layers and sun-block. Bring a towel, and swimwear (ocean is too cold to swim, but the rivers are great). The towel can do double duty as a bath towel in your housing situation.

What to Bring

- **Studio Clothes** – (see Appropriate Attire, above)
- **Studio Shoes** (only if a student prefers to work in shoes, rather than bare feet) – soft soled shoes (sneakers okay, tai chi shoes okay, jazz shoes okay) for studio wear. These should have enough traction to allow the student to move rapidly across the floor with out slipping. We do not allow street shoes in the studios. Please note: Some classes will require you to work in bare feet.
- **10 lines of poetry or poetic text memorized**
- **Notebooks, Pens and Pencils**
- **Water Bottle** – Sturdy, and able to close tightly.

What Not to Bring

- **Pets** – The program is extremely time consuming, and pet-friendly lodging is difficult to find.

Individual instructors may send additional information as to what to bring for a particular workshop.

Visitors

Dell'Arte welcomes visitors to tour the campus and facilities. Visitors should check in at the front office. Our policy is that classes are not open to casual observation by friends, family and the general public. We do allow class observation for prospective students and other visitors from the field, as arranged by the recruiting team, or by prior arrangement with the School Director. As well, Dell'Arte faculty members, board members and staff are welcome to visit classes. All such classroom observation is at the discretion of the class instructor. Performance Labs are generally considered to be open for visitors to attend.

Attending Productions

Some Dell'Arte Summer Workshops run concurrently with the Mad River Festival. Festival schedule and ticket prices can be found on our website: www.dellarte.com. Students will be able to sign up to usher performances in trade for free tickets, provided that ushering slots are available. You can learn more about ushering by contacting our House Manager or Production Manager upon your arrival in Blue Lake.

The Dell'Arte Community

Dell'Arte is a community within a community. In a small town such as Blue Lake, no one can be anonymous. While here, students represent Dell'Arte within this community. We ask that students be respectful of their neighbors and of each other.

IV. FINANCIAL INFORMATION

Workshop Tuition

2016 DAI Intensive: \$1200

Student Right to Cancel

A student may cancel their contract for school, without any penalty or obligation as described in the Notice of Cancellation form (See Appendix). A student may terminate enrollment by presenting in person a written notice of withdrawal addressed to the School Administrator or by mailing notice of such by Certified Mail. The effective date of cancellation is the date presented or postmarked.

If the school closes before the scheduled completion date, students may be entitled to a refund. Students are advised to contact the Bureau for Private Postsecondary Education.

Refund Policy

A full refund will be made until three weeks prior to the start date of a workshop. A cancellation occurring less than three weeks prior to the start date of a workshop will be charged a cancellation fee of \$100 for each week of the workshop.

Once a workshop has started, tuition refunds are pro rated, less the above cancellation fee, until the halfway point of a workshop has passed. Once the halfway point of a workshop has passed, no tuition is refunded.

Workshops that do not meet the minimum enrollment three weeks prior to the workshop start date will be cancelled. In this case, students will receive full tuition refunds.

Veterans

This school has and maintains a policy of the refund of the unused portions of tuition, fees and other charges in the event the student, veteran or other eligible person fails to enter the course, withdraws, or is discontinued at any time prior to the completion. The school provides that the amount charged to the student, veteran or other eligible person for tuition, fees or other charges for a portion of the course does not exceed the approximately pro rata portion of the total charges for tuition, fees and other charges that the length of the completed portion of the course bears to its total length. The School will retain \$10.00 of the tuition deposit and the balance will be pro-rated.

V. POLICIES AND PROCEDURES

Lateness and Dismissal Policies

Lateness

Dell'Arte observes a closed-door policy at the start of classes. If students arrive late, they must wait until the next class period to enter.

Dismissal

A student may be dismissed from the school because:

1. It has been determined that the student is not able or willing to participate in the program at the desired level of commitment and/or skill; because he or she lacks the mental, emotional or the physical health to successfully complete the program; or because he or she lacks the maturity to complete the program.
2. A student may be dismissed from the school for behavior creating a safety hazard to other persons at the school, for disrespectful behavior to other students, administrators, or faculty members, or for any other stated or determined infraction of conduct.
3. Dell'Arte is a drug-free campus. The use of illegal substances or underage drinking can lead to dismissal from the school.

Credit for Summer Workshop Training

Dell'Arte cannot offer credit for summer workshop training but can provide course information if another institution is able to offer credit for work completed. For further details, inquire with the School Administrator.

Videography and Photography Regulations

Dell'Arte videotapes student work for archival purposes and may occasionally take photographs for archival and promotional purposes. Dell'Arte retains exclusive rights to any photographs or videotapes (with or without sound) taken of student work. No personal video, photography or audio recording equipment is allowed in the classroom or during student presentations, unless authorized by Dell'Arte faculty or staff. If a student wishes to photograph or videotape a piece created with fellow students for any purpose, they must arrange to have it taped on their own time, outside of class. It will be up to all members of the performing ensemble to communicate and make agreements about photo and video releases should these outside arrangements be made.

Copyright Infringement

Unauthorized distribution of copyrighted material may subject the student to civil and criminal liabilities. The school does not condone unauthorized peer-to-peer file sharing. Unauthorized downloading or distribution of copyrighted materials using the school's information technology system via the school or Dell'Arte housing will result in disciplinary action.

Health

Because of the physical and mental rigor of the program, Dell'Arte requires that students be in good physical and mental health upon arrival. The school does not have a policy regarding

vaccinations. We ask that students fill out a Health Questionnaire (See Appendix) at the beginning of the workshop and keep it current throughout their course of study. If a student has a health concern that may affect the work, we ask that they inform the School Administrator or their instructor.

Health Insurance

The school does not offer student health insurance. Students are highly advised to provide their own health insurance.

Accident Insurance

Dell'Arte carries accident insurance that covers students for injuries resulting from an accident occurring during an activity which has been sanctioned or approved by Dell'Arte.

“Accident” is a somewhat vague word in the context of our work here. Any injury caused by another person is clearly an accident. Self-inflicted injuries may or may not be “accidents”. Having stiff or sore muscles from class is not an accident. Falling and breaking a leg is clearly an accident. There is a grey area between these two.

We ask that all students fill out an Injury Report Form (located in the office and all studios) for even the slightest incident to document how an injury happened, in case the student needs to use the accident coverage.

The coverage pays medical expenses, in excess of what a person's primary medical insurance coverage pays (all if the person has no coverage) up to \$5000 with a \$100 per person, per incident deductible.

The office Director has claim forms. Payments from the insurance company are made in the form of reimbursement for payment receipts. If a student has medical coverage, Dell'Arte's accident insurance will also require a copy of the primary coverage's action on the claim before they will act on it. The reimbursement process can take months to complete, so Dell'Arte recommends that students pay the full medical bill on time, if possible, so that their credit is not affected.

Drug Free Campus

Students are notified that the unlawful manufacture, distribution, dispensation, possession, or use of a controlled substance is prohibited in this facility, and any criminal drug statute conviction for a violation occurring in this facility shall be cause for dismissal of the convicted student, unless said student agrees to satisfactorily participate in a drug abuse assistance or rehabilitation program approved for such purposes by a Federal, State, or local health, law enforcement, or other appropriate agency.

Students are further notified that drug abuse in this facility is dangerous and can lead to serious accidents; that Dell'Arte has a policy of maintaining a drug-free campus; that Dell'Arte will assist any student who requests aid to find a suitable drug abuse assistance or rehabilitation program; and that conviction of a drug abuse violation in this facility may invoke the penalties stated above.

Safe Workplace

Dell'Arte is dedicated to a workplace that is creative, productive and beneficial to all. Physical assault such as hitting, tripping, or kicking will not be tolerated. Verbal assault or harassment, including sexual assault or harassment, will not be tolerated. Violation of this policy can be grounds for dismissal of an employee, student, volunteer, officer or member of the Board of Directors.

Each staff member, student, volunteer or visitor has the absolute right to object to what he or she feels is physically or verbally abusive behavior.

Any person who feels this policy has been violated is urged to bring the circumstances to the attention of a member of the faculty or staff who then must bring the reported issue or circumstance(s) to Hub (the governing committee of Dell'Arte) for identifying the appropriate corrective action to be undertaken.

Non-Discrimination Notice

Dell'Arte Inc. does not discriminate on the basis of race, color, national origin, sex, disability, or age in its programs and activities.

Physical Contact and Movement Training

Standard actor training includes physical contact between teacher and student, student and student, and student and self. Touch may be used to facilitate:

- Breathing and sound production
- Improved alignment
- Identification and release of habitual holding patterns and areas of tension
- Increased flexibility, mobility and strength
- Deepening of an emotional, physical or vocal response

There is not a context for touch of sexual organs between faculty and students as part of the training at Dell'Arte.

If a student has an injury, chronic condition, or an area of sensitivity or pain, he or she should notify the instructor at the conclusion of the first class meeting.

If a student is uncomfortable with any physical contact that occurs as part of their training, the student may say "STOP" or move away from the contact in order to end it. If a student feels comfortable doing so, he or she should immediately inform the instructor or classmate of their discomfort, or wait until after class, whichever the student prefers. In the event that the student is not comfortable speaking directly with another student or instructor about their discomfort with a particular form of contact, he or she may feel free to contact the School Administrator or the School Director at any time.

A signal to stop physical contact is not necessarily an implication of impropriety. Students and faculty agree to a "no questions asked" policy of ceasing physical contact immediately upon request to do so.

Student Complaints

The Student Advocate serves as a semi-confidential first resource if a student is experiencing a problem with a fellow student, faculty or staff member which they cannot, for whatever reason,

resolve through direct communication with the person in question. If the complaint is not resolved to the student's satisfaction, the student should use the "Student Complaint Form" to file a formal written complaint with the School Director, who will then bring the student's complaint to Hub (the governing committee of Dell'Arte) for investigation and determination of an appropriate course of action. The institution, through Hub, shall, within ten (10) calendar days of receiving the complaint, provide the student with a written response, including a summary of the institution's investigation and disposition of it. If the complaint or relief requested by the student is rejected, the response shall include the reason for the rejection.

If a student has any complaints, questions, or problems, which cannot be resolved with the school, the student should write or call:

Bureau for Private Postsecondary Education
2535 Capitol Oaks Drive Suite 400 Sacramento, CA 95833
P.O. Box 980818 West Sacramento, CA 95798-0818
Phone: (916) 431-6924
Fax: (916) 263-1897
Toll Free: (888) 370-7589
Website: <http://www.bppe.ca.gov>

VI. RESOURCES AND GUIDES

How to Reach Blue Lake

Blue Lake is located about 290 miles north of San Francisco; six miles inland from the Pacific Ocean on Highway 299.

Driving From San Francisco to Dell'Arte:

It takes about five and a half hours to drive here from San Francisco. Take highway 101 north for about 270 miles. Just north of Arcata you will see signs for Highway 299 East. Take 299 East for about 5 miles. You will see the exit for Blue Lake. Exit to the right and stay to the right. Go straight through the roundabout and take the next right which is Greenwood. Greenwood runs in front of the elementary school. Once on Greenwood, follow the road as it curves to the left. Turn left at the second (2nd) stop sign. Dell'Arte is the large yellow and red building on your left.

Driving from Portland or Seattle to Dell'Arte:

It is about eight hours from Portland to Blue Lake. Take Interstate 5 South. At Grant's Pass, OR, you will get on Highway 199 West. This ends at Highway 101 in Crescent City, CA. Take Highway 101 South. It is about 80 miles, or an hour and a half to Highway 299. Take Highway 299 East and follow the directions above.

Tip:

Many students who are flying into San Francisco contact each other in advance and arrange to share the rental of an Avis rental car, which they can drop off at our local airport. Bear in mind that whoever will be driving must be 25 and have a credit card to rent a car in California. Also, please be sure that the rental car agent marks the ARCATA airport as the final destination, not the Arcadia airport.

By Bus

The nearest Greyhound Bus station is in Arcata, just south of Blue Lake on Highway 101. The Greyhound bus line travels to Arcata from San Francisco or Portland. It costs about \$55 one way and takes about twelve hours from Portland and eight from San Francisco. Call Greyhound at 1-800-321-2222.

Flying

The nearest airport is the Arcata-Eureka Airport and is located a few miles north on Highway 101 in McKinleyville. It is served by United Express and PenAir and its code is ACV. Please make sure to use this code when booking travel online. Also have it available for the travel agent. It is usually very expensive to fly to Arcata from anywhere so book at least three weeks in advance.

Local Services

There is a **taxi service** called City Cab that goes from Arcata Arcata (including the Greyhound bus station) to Blue Lake. Their number is (707) 442-4551. The ride costs about \$28.

There is also an **airport shuttle service**, which goes to Dell'Arte from the Arcata airport for \$25. The reservation number is 1-888-338-5497 or visit www.doortodoorairporter.com.

There is a **local bus** run by the Rancheria that goes from Arcata (including the Greyhound bus station) to Blue Lake. It runs every hour on the hour MONDAY-FRIDAY beginning at 7:05AM. Fares are reasonable and subject to change. <http://www.bluelakerancheria-nasn.gov/TransitSchedule2012.pdf>

There is also an **airport shuttle service**, which goes from the Arcata/Eureka airport for \$25. The reservation number is 1-888-338-5497 or visit www.doortodoorairporter.com.

Local Medical Resources

The services listed here are offered as an initial reference. Dell'Arte does not have any contracts or agreements with these resources.

For any emergency service: fire, police, or ambulance, call 911. One can also call the Humboldt County Sheriff's office 24-hour line (707) 445-7251.

The Open Door Clinic takes all insurance except for Kaiser. The Clinic is not always accepting new patients, so it is important call ahead. If someone's situation is urgent they can call to make an appointment with the triage nurse. Depending on the situation, it is possible to get an appointment on the same day or the next day. If someone is an established patient, and they call before 8 am, same day appointments may be available. The Open Door Clinic has a sliding scale fee for patients without insurance. For more information, including dental, go to: <http://www.opendoorhealth.com/humboldt.php>. The Open Door Clinic's branches are:

Humboldt Open Door Clinic

770 10th St. Arcata

(707) 826-8610

Monday - Friday: 8am - 5pm, Saturday: 9am - 1pm

Eureka Community Health Center

2412 Buhne Street Eureka, CA 95501

(707) 441-1624

Monday - Friday: 8am - 5pm, Saturdays: 9am - 1pm:

McKinleyville Community Health Center

1644 Central Avenue, Suite F

McKinleyville, CA 95519

(707) 839-3068

Monday - Friday: 8am - 5pm

For minor medical care in the evenings or on weekends, or urgent care that is not an emergency:

St. Joseph's Urgent Care Clinic at St. Joseph's Hospital (approx. thirty minute drive from Blue Lake)

2700 Dolber, Eureka

(707) 269 - 3610,

Open seven days a week 8am – 7pm

Charges higher rates than a primary care physician, but less than an emergency room.

Express Care at Mad River Hospital (approx. ten minute drive from Blue Lake)
3800 Janes Road, Arcata
(707) 826-8264 ,
Open seven days a week 1pm -9 pm
Charges higher rates than St. Joseph's Urgent Care.

The Emergency Room at the Mad River Hospital is open 24 hours. (707) 826-8264
The Emergency Department at St. Joseph's Hospital is open 24 hours. (707) 269-4250

Gynecological, Reproductive, and Sexual Health:

Planned Parenthood Northern California
Eureka Health Center
3225 Timber Fall Court, Eureka
(707) 442-5700

Monday & Thursday 10am – 6:30pm
Tuesday 12:30pm-7pm
Wednesday 9am – 5:30pm
Friday 8:30am – 5:00pm
Saturday 7:45am – 1:00pm
Closed Sun

Planned Parenthood provides treatment on a sliding scale, low cost/free exams, STD/AIDs testing, birth control, and other information and services. For more information, call or visit www.PlannedParenthood.org

In California, women, men, and teens who are able to become pregnant or cause a pregnancy can get Family PACT services if they are low-income California residents. If someone qualifies for Family PACT, they can enroll in this program during their first visit to Planned Parenthood. The program enables access to reproductive health resources at little or no cost if someone is uninsured. Inquire at the Planned Parenthood desk for details.

Other Medical Resources

We also have listings for chiropractic care, massage practitioners, alternative therapy, and other health services. For more information, students can inquire in the school office.

Mental Health Resources

Emergency and Crisis Lines

North Coast Rape Crisis (707) 443-2737

Rape Crisis Hotline (707) 445-2881

County Mental Health Crisis Line (707) 445-7715

Domestic Violence Crisis Line 1(800) 799-7233

Suicide Hotline 1(800) 784-2433

Counseling and Other Community Resources

Individual referrals

- List available from the School Administrator of local recommendations for counselors.

Humboldt Family Service Center

(707) 443-7358

- Free walk in clinic, first come, first serve: Mondays 1-4 pm
- Individual appointments on a sliding scale basis

Emma Center

(707) 825-6680

- Information, referrals, support and education on trauma and trauma-related conditions for women survivors of abuse and violence.

Humboldt Domestic Violence Services

(707) 443-6042 or (866) 668-6543

- No fee
- 24 hour crisis/support line
- Shelter services
- Support groups & peer counseling

Hospice of Humboldt

(707) 445-8443

- Free grief counseling services for community members.
- Offers 3 one-on-one sessions, plus there are drop-in groups in Eureka, Arcata and Fortuna.

National Institute on Alcohol Abuse and Alcoholism

<http://niaa.nih.gov/>

National Institute on Drug Abuse

www.drugabuse.gov

North Coast Association of Mental Health Professionals

<http://www.ncamhp.org>

Virtual Pamphlet Collection on a variety of mental health topics

<http://www.dr-bob.org/vpc/>

VII. FORMS

Notice of Cancellation

To cancel the contract with the school, mail or deliver a signed and dated copy of this cancellation notice to:

Dell'Arte International School of Physical Theatre
P.O. Box 816
Blue Lake, CA 95525
sarah@dellarte.com

If the school has given you any equipment, you must return the equipment within ten (10) days of the date you signed the cancellation notice. If you do not return the equipment within this ten (10) day period, the school may withhold an amount equal to the price of the equipment. The school is required to refund any amount over that as provided above.

I hereby cancel my contract with the Dell'Arte International School of Physical Theatre.

Date: _____

Student Name (please print) _____

Student Signature _____

REMEMBER, YOU MUST SUBMIT YOUR CANCELLATION IN WRITING. YOU DO NOT HAVE THE RIGHT TO CANCEL BY TELEPHONE OR NOT ATTENDING CLASSES.

If you have any complaints, problems, or questions that you cannot resolve with the school, write or call:

Bureau for Private Postsecondary Education
2535 Capitol Oaks Drive, Suite 400, Sacramento, CA 95833
P.O. Box 980818, West Sacramento, CA 95798-0818
P (916) 431-6959 F (916) 263-1897
www.bppe.ca.gov

ACCIDENT WAIVER AND RELEASE OF LIABILITY FORM

Dell'Arte Inc.

I HEREBY ASSUME ALL OF THE RISKS OF PARTICIPATING IN ANY/ALL ACTIVITIES ASSOCIATED WITH DELL'ARTE INC. (hereafter called "activity"), including by way of example and not limitation, any risks that may arise from negligence or carelessness on the part of the persons or entities being released, from dangerous or defective equipment or property owned, maintained, or controlled by them, or because of their possible liability without fault.

I certify that I am physically fit, have sufficiently prepared or trained for participation in this activity, and have not been advised to not participate by a qualified medical professional. I certify that there are no health-related reasons or problems which preclude my participation in this activity.

I acknowledge that this Accident Waiver and Release of Liability Form will be used by the event holders, sponsors, and organizers of the activity in which I may participate, and that it will govern my actions and responsibilities at said activity.

In consideration of my application and permitting me to participate in this activity, I hereby take action for myself, my executors, administrators, heirs, next of kin, successors, and assigns as follows:

- (A) I WAIVE, RELEASE, AND DISCHARGE from any and all liability, including but not limited to, liability arising from the negligence or fault of the entities or persons released, for my death, disability, personal injury, property damage, property theft, or actions of any kind which may hereafter occur to me including my traveling to and from this activity, THE FOLLOWING ENTITIES OR PERSONS: Dell'Arte, Inc. and/ or their directors, officers, employees, volunteers, representatives, and agents, and the activity holders, sponsors, and volunteers;
- (B) INDEMNIFY, HOLD HARMLESS, AND PROMISE NOT TO SUE the entities or persons mentioned in this paragraph from any and all liabilities or claims made as a result of participation in this activity, whether caused by the negligence of release or otherwise.

I acknowledge that Dell'Arte, Inc. and their directors, officers, volunteers, representatives, and agents are NOT responsible for the errors, omissions, acts, or failures to act of any party or entity conducting a specific activity on their behalf.

I acknowledge that this activity may involve a test of a person's physical and mental limits and carries with it the potential for death, serious injury, and property loss. The risks include, but are not limited to, those caused by terrain, facilities, temperature, weather, condition of participants, equipment, vehicular traffic, lack of hydration, and actions of other people including, but not limited to, participants, volunteers, monitors, and/or producers of the activity. These risks are not only inherent to participants, but are also present for volunteers.

I hereby consent to receive medical treatment which may be deemed advisable in the event of injury, accident, and/or illness during this activity.

I understand while participating in this activity, I may be photographed. I agree to allow my photo, video, or film likeness to be used for any legitimate purpose by the activity holders, producers, sponsors, organizers, and assigns. The Accident Waiver and Release of Liability Form shall be construed broadly to provide a release and waiver to the maximum extent permissible under applicable law.

I CERTIFY THAT I HAVE READ THIS DOCUMENT AND I FULLY UNDERSTAND ITS CONTENT. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND A CONTRACT AND I SIGN IT OF MY OWN FREE WILL.

Participant's Signature
(Please print legibly.)

Date

Participant's Name

Age

Parent/Guardian Signature

Date

(If under 18 years old, Parent or Guardian must also sign.)

Dell'Arte International School of Physical Theatre

Health Questionnaire (Attach an extra page if necessary.)

Name _____

Do you have any family history of:

Cancer Yes___ No___

Diabetes Yes___ No___

Tuberculosis Yes___ No___

Blood Disease Yes___ No___

Other (What) _____

Are you allergic to:

Penicillin Yes___ No___

Sulfa Yes___ No___

Tetanus Yes___ No___

Other (What) _____

What is your personal history of:

Surgery or major illness?

Hospitalization?

Major Fractures?

Depression or Anxiety Disorders?

Do you have dyslexia or any other learning disability?

Do you have any chronic medical condition such as hypertension, ulcers, epilepsy, diabetes, etc.?

List any medications taken regularly, including those for depression, asthma, anxiety, etc., especially those that would be significant to medical personnel:

*We strongly urge you to not change your medication while you are here unless advised to do so by a physician.

List any parts of your body that regularly give you pain in active physical work:

List any part of your body that you know to be weak:

Is there anything else that we should know about your health in relation to participating in a strenuous physical program?

Is there any reason you cannot work in bare feet?

Emergency Contact:

Name _____ Phone _____

Address _____

Email _____

Health Insurance Details (if applicable)

Signature _____ Date _____

Receipt of Student Handbook

Dell' Arte International School of Physical Theatre
131 H Street
P.O. Box 816
Blue Lake, CA 95525-0816
(707) 668 - 5663
www.dellarte.com

The Dell'Arte Intensive Student Handbook is effective 27 June 2016 – 15 July 2016.

I have read and agree to the policies in this handbook.

Signed _____ Printed Name _____

Date _____